

CURSILLO

The PRISM - A Monthly Insight into the Catholic Cursillo Community of Rochester, NY

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Spiritual Advisor Wisdom

Eucharist, Spiritual Communion and More - Oh My!

Deacon David Paluskiewicz, M81, Caledonia Ultreya

Has the pandemic made you feel like Dorothy in the Wizard of Oz who said, "Toto, I feel we are not in Kansas anymore?"

Because of the Covid-19 virus, we have not been able to attend Mass and receive Jesus in Holy Communion like we did before. As a result, we were blessed by attending virtual Mass from our living room and receiving Jesus in spiritual communion. Jesus has always been in spiritual communion with us, God's holy people, long before the Corona virus.

Spiritual Communion has been a traditional practice of expressing to the Lord our longing for Him and our desire for Him to enter into our hearts by God's holy people.

St. Teresa of Avila (1515-1582) said, "When you do not receive Communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you."

St. Jean-Marie Vianney (1786-1859) a priest from France said, "When we feel the love of God growing cold, let us instantly make a spiritual communion."

Because Jesus loves us and wants a loving relationship, He provides many other ways to be with us. We may have forgotten Jesus' own words, "For where two or three are gathered in my name, there am I in the midst of them" (Mt 18:20).

Also, "We grow in union with Christ through reading Scripture which the Second Vatican Council calls Scripture food for the soul. The Church has always venerated divine Scripture just as she venerates the body of the Lord and states that the bread of life are both from the table of God's word and of Christ's body." (Dei Verbum No. 21).

We can also encounter the Lord through all the different ways to pray and St. John Paul II noted that praying the holy rosary puts us "in living communion with Jesus" (Rosarium Virginis Mariae).

Feeling lonely or afraid? Enjoy a spiritual communion. Pray Jesus' last words before His ascension, "I am with you always..." Matthew 28:20 DeColores!



"Peace Prayer"

Spiritual communion brings peace because peace begins when Jesus is in us.

"My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you.

Amen"



The Secretariat Page

Notes from June 9, 2020 Meeting:

- Women's #89 is on track for the new dates, November 12-15, at Notre Dame. Mary Liz Bartell, rectora, has the team formation beginning via Zoom. A meeting is being planned to develop a new Cursillo application and Sponsor letter.
- Doreen Gala-Hebert, secretary, will lead the new PALANCA committee to send out written palanca whenever a weekend or CDC is happening around the world! And, to organize the prayer and palanca here in Rochester.
- Randy Campanaro, Post Cursillo or 4th Day, is looking for venues to schedule a picnic in August and re-schedule the Grand Ultreya in September or October. The Prism is coming back and ready to be published monthly, each issue will feature five articles. Need questions for "Ask the Three Wisemen" column.
- Still looking for a School of Leaders Chair; requesting Ultreyas nominate someone. The Step-by-Step committee is looking to host the third meeting virtually and present the latest revision to the manual.
- Considering all the virtual meetings, Secretariat may purchase a membership to Zoom considering free services are problematic.
- Mary Liz Bartell continues to research our Flocknote recipient list and alternative communication services. She is waiting on Ultreya coordinators to review the non-response list from the query she made a couple months back.

What about these Meetings?

Secretariat Meetings are held on the 2nd Tuesday of every month at 7:00 pm. Visitors/Cursillistas are welcome to join the Secretariat meetings. Currently, the meetings are being held virtually. Please contact Allan Stone for the meeting information if you want to join in!

Who are we?

Lay Director:

Tom Treis, (585) 223-7166
Tomkt4344@rochester.rr.com

Assistant Lay Director:

Mary Liz Bartell, (607) 324-0372
maryliz@aol.com

Pre-Cursillo Chair:

Donna LaDuca, (585) 342-3234
Donnaprecur12@rochester.rr.com

Cursillo Chair:

Bob LaDuca, (585) 943-2427
laduca8@rochester.rr.com

Post-Cursillo Chair:

Randy Campanaro, (513) 314-2999
rayjaycamp@yahoo.com

School of Leaders:

vacant
Is the Lord calling YOU?

Secretary:

Doreen Gala-Hebert, (585) 236-6049
dgalahebert@gmail.com

Treasurer:

Allan Stone, (585) 269-4640
astone@rochester.rr.com

Spiritual Advisors:

Fr. Mickey McGrath, (585) 325-4041
Fr.mickey.mcgrath@dor.org

Dcn. David Paluskiewicz, (585) 281-1390
davidpaluskiewicz@gmail.com

News from the Secretariat >>>

Welcome Everyone

Tom Treis, M35

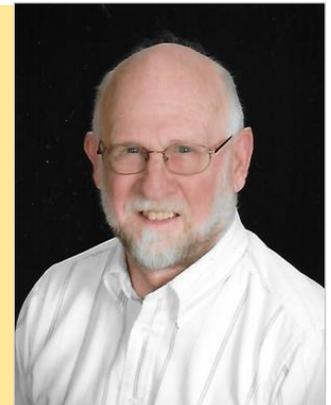
Lay Director, Webster Ultreya

As many of you know, I have been blessed to be able to serve our community in the role of Lay Director since January 2020. As I sit here writing, I praise God for giving me the chance to receive Him in the Eucharist today. It was good to return to church for Mass for the first time in three months.

I pray all of you are safe, healthy and continue to grow closer to our brother Jesus each day. He has given us a lot of palanca to do these last three months.

Secretariat has met the last four months virtually and has tried to carry on business. We have had to postpone events and hopefully they will be rescheduled soon. Our next weekend will be Women's #89 in November. Many of you have attended the Step by Step program and know we will be implementing some of the new ideas on the weekend, as well as, some new activities for pre-Cursillo. We're very excited to have accomplished our goal of getting the newsletter re-established! We hope you enjoy it!

We are still in need of a School of Leaders chairperson. If you are open to this, pray, and talk to a Secretariat member about the position. We will also be looking for Pre-Cursillo and Cursillo chairpersons to start at the beginning of 2021. If you are interested, contact Bob or Donna. They will provide information about the responsibilities for the position and would mentor you this year. Please prayerfully consider how you can become involved in the movement and give me a call. We want to have many more Cursillistas helping to build the movement in the diocese. My last request is that we are in need of funds so we can support the weekends coming up. If your heart and love for Cursillo speaks to you, a donation made out to the Rochester Cursillo Movement can be sent to our treasurer, Allan Stone, 35 Cindy Ln, Rochester, NY 14626. In closing, I ask for your prayers for our Rochester Cursillo Community and for peace in our nation. DeColores!!!!



School of Leaders Sharing

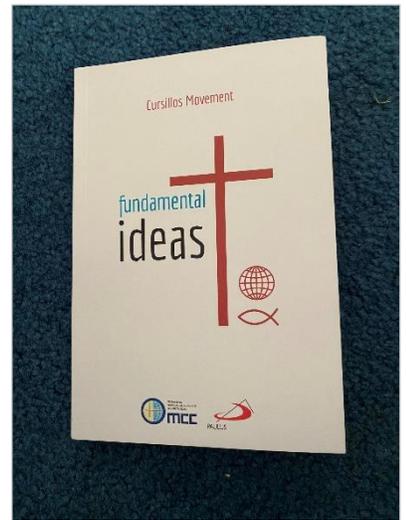
Cursillo National Encounter!

Sue Lorz, W83, Hilton Ultreya

In 2019, I, along with many others from the Rochester School of Leaders, attended the Cursillo National Encounter in Scranton, Pennsylvania. The Encounter was a profound experience that I will never forget. Hundreds of Cursillistas; lay persons, religious, deacons, priests and bishops gathered together joyfully and lovingly—a love that was instantaneous! Christ was everywhere—in everyone! Just as the Holy Spirit breathed on the apostles in the Upper Room and gave the command to go and make disciples of all nations, the Holy Spirit’s presence was unmistakable in the gathering of the Cursillistas at the National Encounter. These Cursillistas were likewise being “called to make their life Christian and become apostles who would transform their environments.” (Fundamental Ideas p.29:13e.)

Cursillistas listened intently as Miguel Sureda and Ramos Rossello from Majorca, Spain, reflected first hand on the life of Eduardo Bonnin as they knew him, his vision and the mentality of Cursillo. At the Encounter, The Step by Step Rectors Guide and the 3 day Rollos, given to Eduardo Bonnin by the Holy Spirit, were given to all of the Schools of Leaders in the US to ensure that the content of our Cursillo is simple, clear and contains all that is necessary, nothing more, nothing less, in order to make sure that our Cursillo is authentic.

Along this incredible journey, among many other resources, I found the book Fundamental Ideas to be a wonderful resource in understanding the worldwide Cursillo Movement as it leads me and my fellow Cursillistas on our path to personal holiness incorporating the joy of the Gospel, the joy of Cursillo! DeColores!



On Their 5th Day
Please pray for
their souls:



Bob Bacher

Barb Jackson W18



Ask the Three Wisemen (and women) . . .

Ask a wise Cursillista who has been around forever!

Send in your questions about Cursillo... anything and everything!

Send questions to: rayjaycamp@yahoo.com Attn: Ask the Cursillo Wisemen

Who is Eduardo Bonnin and why is he up for Sainthood?

Answered by Margi Lash, W11, Geneva Ultreya

I got my first glimpse of our Founder, Eduardo Bonnin Aguilo, at the III World Ultreya in Rome in 2000. A small, humble man with a gentle smile, whose simple message was, “God in Christ loves you!” Born in 1917, in Palma, Mallorca, Eduardo lived a happy childhood and was educated in Catholic schools. As a young adult, during his compulsory military service, Eduardo came into direct contact with the profane and immoral. He was forced to confront Christian principles and their effect on the environment. This analysis was the origin of the Study of the Environment rollo. It was also a plan to bring Christian values to normal life. From the tripod of his life: Christ, Persons and Friendship, grew the Cursillo tripod: Piety, Study and Apostolic Action. Eduardo, empowered by the Holy Spirit, gave the world a movement for the laity, to work in tandem with Christ to change their own “square meter” of the world. Eduardo said, “the mind is a gospel; the heart, a tabernacle and the arms, a lever to lift the world to God.” He was concerned with the “far away” and never stopped participating in Cursillo activities even attending in his wheelchair. Eduardo died February 6, 2008. On his tomb reads, “An Apprentice Christian.” The message of Cursillo continues to resonate around the world by those whose lives have been changed through prayer and the work of the Holy Spirit. Eduardo’s cause for beatification began in 2015 by the Foundation Eduardo Bonnin Aguilo (FEBA.) This Foundation preserves the life and history of Eduardo, to preserve the foundational Charism and support the canonization process. Eduardo dedicated his whole life to total surrender to Christ, to the Person, and to Friendship through the Cursillo Movement. His life was committed to making friends and making them friends of Christ, in the way of normality. Over ten million people have discovered the love of God through the experience lived in Cursillo from its inception in 1944 to the present. Eduardo will be the Saint of Normality! DeColores! *Suggested reading: Eduardo Bonnin: An Apprentice Christian*



Witness by a Friend of Christ!

Rose Carnegie, W19
Elmira Ultreya

Come Holy Spirit... I lived my Cursillo in 1975 at Notre Dame High School, Elmira, in a gym with 40 others in rows of cots. The weekend was special, but exhausting. On Sunday, they told us we could sleep a little later. Right!!!! Well, at 6:30 A.M., we were awakened by a choir of God's "crazy Angels" coming thru singing Las Maninitas. Fast forward 45 years....I became one of those "crazy angels" many, many times.

In May of this year, I became very ill. In my Old Italian worry mode, I thought I had the Coronavirus. My doctor sent me to the E.R. for testing and a workup. In short, I had a severe stomach flu and a UTI, I was released with the stipulation that I not be alone. My kids were great and took turns staying for a week. Meanwhile, word had gotten the the Cursillo community and friends. I know God was flooded with prayers and my thanks to all.

The first day on my own, on May 16th, was a bummer, because I had to make my own breakfast! While making breakfast, I received a cell phone call from George Welch. He asked how I was doing and I said I was doing much better. He then asked me to look out my front window and I did. There standing in the road was George and his wife Paula. I opened the door and went out on the porch to be serenaded with Las Maninitas. I am sure my neighbors wondered what this is all about? When I am able, I will tell them that this is Christ in Action. Thank you so much to my crazy friends, Paula and George. It was a beautiful morning. DeColores!

Upcoming Events!

More info on our website www.rochestercursillo.com

Coming Soon >>>

Check your
Flocknotes
messages for
details on events!

The National Encounter is Going Virtual Zoom with Cursillistas from across the United States

Livestream Masses, Virtual Fellowship, Breakout Sessions, Rollos, and more! Log in from your cell phone, personal computer, laptop, tablet, etc.

July 24-25, 2020 (starts at 6:30 pm on Friday)

Sign up soon space is limited.

Cost is \$50 per person until July 5th (\$70 thereafter)

<https://www.natl-cursillo.org/encounter2020/>

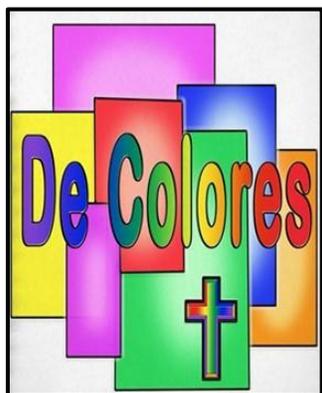
Mark Your Calendar for:

Region III Fall Encounter
Notre Dame Retreat House, Canandaigua
October 9-10, 2020

Women's #89
Notre Dame Retreat House, Canandaigua
November 12-15, 2020

Region III Spring Encounter
Stella Niagara Retreat Center, Lewiston
May 7-8, 2021

For information on the PRISM, please contact:
Randy Campanaro at 513-314-2999 or rayjaycamp@yahoo.com



All are Welcome
to any Virtual Ultreya!

Please contact Ultreya Coordinator for
an invite with virtual meeting ID info!

Caledonia Area - 1st Saturday

Virtual Ultreya at 7:00pm
Beth Bullen, (585) 538-9406
beth.bullen1@gmail.com

Fairport Area - 2nd Saturday

Virtual Ultreya at 7:00pm
Lynn Rainone, (585) 671-3779
lynnrainone@gmail.com

Geneva Area - 2nd Monday

Virtual Ultreya at 7:00pm
Margi Lash, (315) 548-5164
lashmb59@gmail.com

Elmira Area - 4th Thursday

Virtual Ultreya at 7:00pm
Deacon George & Paula Welch
(607) 738-3959
gwelch@tqcp.com

Hilton Area - Last Saturday (4th or 5th)

Virtual Ultreya at 6:45pm
Randy Campanaro, (513) 314-2999
rayjaycamp@yahoo.com

*These Ultreyas are currently not meeting
due to Covid-19. Pray to reunite soon!*

Rochester SPANISH 3rd Sunday

1:30pm Ultryea & School of Leaders
St. Michael's Church
Sr. Theresa Rutty, (585) 325-4041
trutty46@yahoo.com

Dansville Area - 2nd Sunday, 11:00am

Sacred Heart Parish, Kennedy House
Bonnie Olsen, (585) 335-5971
summersky252@aol.com

Hornell Area - 1st Thursday, 7:00pm

St. Ann's School
Mary Liz Bartell, (607) 324-0372
maryliz@aol.com

Owego Area - 2nd Sunday, 2:00pm

St. Patrick's Church
Jerry & Dodie Ward, (607) 786-0339
grr.ward@gmail.com