

# CURSILLO

The PRISM - A Monthly Insight into the Catholic Cursillo Community of Rochester, NY

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## Spiritual Advisor Wisdom

### A Peace That the World Cannot Give

Fr. Mickey McGrath, M76, Fairport Ultreya, Diocesan Spiritual Advisor

In a recent newsletter from the Buffalo diocese that was sent to some of us, the spiritual reflection focused in part on the “Lilies of the Field” parable from Matthew’s gospel. As the unrest in society continues, I thought this an appropriate theme as well. This passage, found in the midst of Jesus’ Sermon on the Mount, seeks to move his disciples from anxiety to trust in the providence of the Father.

At the very center of Jesus’ ‘Sermon’ is the Lord’s Prayer. (In English – 1111 words before, and 1046 after.) Perhaps it is not by accident that it sits at the center. Jesus is saying that prayer must be at the center of the life of a disciple. The seven petitions of the Our Father teach us how to approach God and how to properly orient our minds toward the one who created us. A few verses later, he teaches us what should be the proper fruits of prayer: that we not worry but consider the birds of the air and the lilies of the field and how, in the eyes of God, we are more valuable than they. God is watching over us in the midst of all trials.



Jesus is aware of the same anxiety in his apostles at the Last Supper. He wishes and offers them peace “not as the world gives it” but is one, since it comes from him, and since he comes from heaven (John 6:51), it is an unearthly peace. We want this peace for our whole world, but the difficulty is that there is a price to be “paid” for this peace. It is the price of discipleship which calls us to take up the cross and follow him. This cross that we accept draws us close to Christ; and if we draw near to him, he will draw near to us (James 4:8). It is near to him that we find a peace that passes all understanding (Phil. 4:6). Perhaps what we need at this time is less internet, less news, and more prayer so we may have more peace—a peace that the world cannot give.

DeColores!

### Philippians 4:6-7

*“Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.”*



### John 16:33

*“I have said this to you, that in me you may have peace. In the world you have tribulation; but be of good cheer, I have overcome the world.”*

# The Secretariat Page

## What about these Meetings?

Secretariat Meetings are held on the 2nd Tuesday of every month at 7:00 pm. Visitors/Cursillistas are welcome to join the Secretariat meetings. Currently, the meetings are being held virtually. Please contact Allan Stone for the meeting information if you want to join in!

## Notes from October 13, 2020 Meeting:

- Rochester Cursillo is grateful for a \$150 donation which helped to defray the cost for an annual Zoom subscription and the monthly Flocknote fee. Our current balance is only \$1,749.68.
- Mary Liz and Allan have been working on deleting inactive or incorrect addresses from the Cursillista database. Currently 529 people are receiving Flocknotes, over 200 names were deleted that never opened any Flocknote message which reduced our monthly subscription cost significantly.
- Notre Dame has confirmed December 9-12, 2021 for the next Men's Weekend.
- Mary Liz has taken on organizing monthly School of Leaders Zoom meetings. First (was) held Thursday, October 15 by the Elmira Ultreya with Deacon George Welch, Paula Welch and Donna LaDuca sharing their insight into Cursillo.
- Secretariat reviewed the final recap of the Step-by-Step meetings and implementation notes. Discussions began on Pre-and Post-Cursillo involvement.
- Tom shared updates from the Regional meeting that Pittsburgh is planning on hosting weekends this November with less than 10 candidates and small teams. They are moving forward with weekends in April and May as well.
- Palanca letter design is in the works; it will be ready to be sent to Pittsburgh and other dioceses hosting events.
- Spiritual advisors shared on the reality of angels and demons; our faith has gotten away from the belief in these spirits.

## Who are we?

### Lay Director:

Tom Treis, (585) 223-7166  
[Tomkt4344@rochester.rr.com](mailto:Tomkt4344@rochester.rr.com)

### Assistant Lay Director:

Mary Liz Bartell, (607) 324-0372  
[maryliz@aol.com](mailto:maryliz@aol.com)

### Pre-Cursillo Chair:

Donna LaDuca, (585) 342-3234  
[donnaprecur12@rochester.rr.com](mailto:donnaprecur12@rochester.rr.com)

### Cursillo Chair:

Bob LaDuca, (585) 943-2427  
[laduca8@rochester.rr.com](mailto:laduca8@rochester.rr.com)

### Post-Cursillo Chair:

vacant  
*Is the Lord calling YOU?*

### School of Leaders:

vacant  
*Is the Lord calling YOU?*

### Secretary:

Doreen Gala-Hebert, (585) 236-6049  
[dgalahebert@gmail.com](mailto:dgalahebert@gmail.com)

### Treasurer:

Allan Stone, (585) 269-4640  
[astone@rochester.rr.com](mailto:astone@rochester.rr.com)

### Spiritual Advisors:

Fr. Mickey McGrath, (585) 325-4041  
[Fr.mickey.mcgrath@dor.org](mailto:Fr.mickey.mcgrath@dor.org)

Dcn. David Paluskiewicz, (585) 281-1390  
[davidpaluskiewicz@gmail.com](mailto:davidpaluskiewicz@gmail.com)

## News from the Secretariat >>>

### The Cursillo Weekend

Bob LaDuca, M84  
Cursillo

My younger years were very tough, but fun. I became an Eagle Scout at 16, and then graduated from Eastridge High School in 1965. I went on to MCC – oops flunked out, was drafted into the army and went to Vietnam. It was a great learning experience! After I returned home, I went back to college – Dean's List!! I was also selected to the Apprentice Program for Electricians. I chose to be an electrician, and worked at Local 86 for 35 years. I married Donna in 2009; a great call! Now, I'm working at Rochester Art, a great job for a retiree.

I lived Cursillo Men's 84 and became 3-Day Chair a few years later. At first, it was a very hard job going straight from Thursday at noon until Sunday night. As the years went by it became a lot easier. Now it is amazing how easy it is. The job is all about set up, moving things around, and helping out when needed. There is also free time. I have been doing 3-Day for about eight years and I love the job and being at Notre Dame. My term is up and it is time for me to step down, and I am offering someone this great opportunity. Don't be afraid. I plan on staying around for about two more weekends to help the new person get used to the job or how ever long needed. How about it! Call me at 585-943-2427! Come and see what goes on. I would not have stayed for eight years if I didn't like it so much. So, step up and give it a chance. Go for it! It is only a three-year term at most.

DeColores!



# School of Leaders Sharing

## Jesus had a Group Reunion!

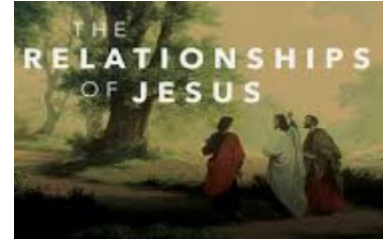
Deacon George Welch, M21 & Paula Welch, W17, Elmira Ultreya

The Elmira Ultreya hosted the first School of Leaders via Zoom on Thursday, October 15<sup>th</sup>. Deacon George offered the doctrinal rollo filled with scripture quotes and witnessing how his small group is a source of inspiration especially during the pandemic as they are Zooming from across the country. Deacon George explained how Jesus himself had a small group with Peter, James and John, sharing his closest moments with God. First, during the Transfiguration. Jesus invited his closest friends, his inner circle, to accompany him to experience this glorious moment. And again, his friendship group of three joined him in the Garden of Gethsemane for his most painful moment sweating blood speaking with God. Jesus calls us to develop this type of friendship with our brothers and sisters-in-Christ to share the good and the bad of our lives.

Paula shared how her group reunion continues to meet in her garage staying socially distanced. In her techniques rollo, our Founder Eduardo Bonin was quoted "The best news of the best reality is that God in Christ loves us. This news is communicated by the best means, friendship." Our primary mission is to see others with the conviction of their value and importance in the eyes of God. We are called to a continuous conversion; to be Christians full time 24, 7, 365 not just in our spare time. So, we are called to be friends, true friends. First out of common interest, but eventually in a selfless manner. Christ's radical message of laying down our lives for our friends. Friendship presupposes more than self. We do not live solitary lives in isolation. Our culture currently is plagued with loneliness; people are dying of loneliness. Everything which is lived as a Christian should be lived in community. All Cursillistas should make a commitment to a friendship group reunion and together attend Ultreya. Make a friend, be a friend, share Christ with your friends. DeColores!

Matthew 17:1-2

"Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain by themselves. There in their presence he was transfigured: his face shone like the sun and his clothes became as dazzling as light."



Mark 17:32-34

"They came to a plot of land called Gethsemane, and he said to his disciples, 'Stay here while I pray.' Then he took Peter and James and John with him. And he began to feel terror and anguish. And he said to them, 'My soul is sorrowful to the point of death...'"

On her 5<sup>th</sup> Day  
Mary Beth Feuhrer



## Ask the Three Wisemen (and women)...

*Ask a wise Cursillista who has been around forever!*

*Send in your questions about Cursillo... anything and everything!*

*Send questions to: [notestobobbi@yahoo.com](mailto:notestobobbi@yahoo.com) Attn: Ask the Cursillo Wisemen*

## Do Cursillistas Dream?

Answered by Margi Lash, W11, Geneva - Newark Ultreya

Martin Luther King, Jr. wasn't the only person to have a dream! All Cursillistas should have a dream, an ideal, and that by sharing the living experience of Jesus, and also praying with others, we might by the grace of the risen Christ enable all to see that we are on a pilgrimage together to the Father (page 176 of the Leaders' Manual). We are consecrated to the Truth, the Truth that makes people free, and given them a freedom based on the dignity of each human person. Our dream relies on prayer, which is essential to, precedes and sustains all Cursillo action. It is through our communication with God that we recognize His love for us all. This love allows us to become living witnesses to reach out in love to God and all He has created. That includes ourselves, our neighbor and our world. Our dream is expressed best in the Prayer to the Holy Spirit when we say: "Come Holy Spirit, fill the hearts of your faithful and enkindle in us the fire of Your love. Send forth Your Spirit and we shall be created. And You shall renew the face of the earth." If ever there were a time, not only to dream, but to be counted on by Christ, it is now!

DeColores!



# Witness by a Friend of Christ!

Nancy Tubiolo, W73  
Fairport Ultreya

I try to bring Christ into my work environment as a dental hygienist. Many people have anxiety or fear over dental visits.

One little girl had a bad previous experience and was afraid. I showed her my instruments and explained things to her, and assured her I could stop anytime. Her mother was supportive. We completed the visit without problems, and the girl hugged me.

As I checked a little boy's teeth recently, he raised his hand as if he might grab my hand. I showed him the instrument I was using to check his teeth and explained it was sharp – but I was being very careful to not hurt him. I told him if he grabbed my hand he could get hurt. I had to remind him a couple more times to keep his hand down, but he did relax more and trusted me.

Last week, I saw a woman who was anxious from the time she entered the office, including over the cost of x-rays. The doctor reassured her that if her insurance didn't cover it, she wouldn't be charged. As I worked on her, she said her husband suffered a stroke last week and would have surgery soon. Also, she worries about exposure to coronavirus and transmitting it to elderly people she works with in a nursing home. After her exam, she told us how kind and understanding we were.

I've learned to see Christ in my patients and try to serve as Christ's hands to them.  
DeColores!



You are Welcome  
to attend any Ultreya!

**Hilton Area** - Last Saturday (4<sup>th</sup> or 5<sup>th</sup>)  
IN PERSON at 6:45pm  
Tim Spinelli, (585) 395-4510  
[tspinelli@aol.com](mailto:tspinelli@aol.com) -OR-  
Randy Campanaro, (513) 314-2999  
[rayjaycamp@yahoo.com](mailto:rayjaycamp@yahoo.com)

*Please contact Ultreya Coordinator for an invite with virtual meeting ID info!*

**Caledonia Area** - 1st Saturday  
Virtual Ultreya at 7:00pm  
Beth Bullen, (585) 538-9406  
[beth.bullen1@gmail.com](mailto:beth.bullen1@gmail.com)

**Fairport Area** - 2nd Saturday  
Virtual Ultreya at 7:00pm  
Lynn Rainone, (585) 671-3779  
[lynnrainone@gmail.com](mailto:lynnrainone@gmail.com)

**Geneva - Newark Area** - 2nd Monday  
Virtual Ultreya at 7:00pm  
Margi Lash, (315) 548-5164  
[lashmb59@gmail.com](mailto:lashmb59@gmail.com)

**Elmira Area** - 4th Thursday  
Virtual Ultreya at 7:00pm  
Deacon George & Paula Welch  
(607) 738-3959  
[gwelch@tqcp.com](mailto:gwelch@tqcp.com)

*These Ultreyas are currently not meeting due to Covid-19. Pray to reunite soon!*

**Rochester SPANISH** 3rd Sunday  
1:30pm Ultreya & School of Leaders  
St. Michael's Church  
Sr. Theresa Ruddy, (585) 325-4041  
[truddy46@yahoo.com](mailto:truddy46@yahoo.com)

**Dansville Area** - 2nd Sunday, 11:00am  
Sacred Heart Parish, Kennedy House  
Bonnie Olsen, (585) 335-5971  
[summersky252@aol.com](mailto:summersky252@aol.com)

**Hornell Area** - 1st Thursday, 7:00pm  
St. Ann's School  
Mary Liz Bartell, (607) 324-0372  
[maryliziz@aol.com](mailto:maryliziz@aol.com)

**Owego Area** - 2nd Sunday, 2:00pm  
St. Patrick's Church  
Jerry & Dodie Ward, (607) 786-0339  
[grr.ward@gmail.com](mailto:grr.ward@gmail.com)

## Upcoming Events!

More info on our website [www.rochestercursillo.com](http://www.rochestercursillo.com)

Coming Soon >>>

Check your  
Flocknotes  
messages for  
details on events!

School of Leaders  
Thursday, November 19th at 7pm Via Zoom.us  
[Watch for Invite](#)

North American Caribbean Group (NACG) Encounter  
November 20-21, 2020  
<https://www.nacg.mx/nacg-encounter-2020>

Region III Spring Encounter  
Stella Niagara Retreat Center, Lewiston  
May 7-8, 2021

Women's #89  
Notre Dame Retreat House, Canandaigua  
June 10-13, 2021

Link to the National Cursillo October Newsletter:  
[https://www.natl-cursillo.org/wp-content/uploads/2020/10/CNN\\_2020\\_10\\_En\\_Final.pdf](https://www.natl-cursillo.org/wp-content/uploads/2020/10/CNN_2020_10_En_Final.pdf)

*For information on the PRISM, please contact:  
Bobbi LaVoie at 585-727-4866 or [notestobobbi@yahoo.com](mailto:notestobobbi@yahoo.com)*

